

# Adult Neurology Center, P.C.

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## VNG TESTING INFORMATION SHEET

You have been scheduled for a videonystagmography (VNG) study, which is a test of the balance system for patients with dizziness, disequilibrium, or other balance disorders. The test takes approximately one and a half (1½) hours. There is a chance you may become somewhat dizzy or nauseated for a short time during or after the test. **You must have someone come with you to the test and be able to drive you home if necessary.**

### TEST PREPARATION:

In order to obtain valid, high quality results from the test, and for your comfort and protection, you are asked to follow the preparation instructions below;

1. Stop taking any anti-vertigo, vestibular suppressing, pain, anti-depressant, tranquilizer or central-nervous-system-affecting medications 48 hours before your VNG test. These medications include Antivert, Meclizine, Bonine, Dramamine, Scopolamine, Ativan, Elavil, Nortriptyline, Imipramine, Valium, Klonopin, and Benadryl. Both over the counter and prescription forms of these medications may adversely affect the test results.
2. **Do not** stop taking medications for blood pressure control, cardiac or circulatory problems, diabetes, or other medications for similar disorders! If you have any questions regarding which medications you can take, please feel free to contact your local pharmacy, your family doctor, or our office.
3. Do not drink alcohol or caffeine 48 hours before your VNG test. Products containing caffeine include many soft drinks, coffee, tea, and chocolate.
4. If medically possible, do not eat or drink 4 hours before your VNG test.
5. Do not wear makeup, facial moisturizers, or face creams the day of your VNG test. Wear loose, comfortable clothing and flat-heeled shoes for the test.
6. Do not wear contacts the day of your VNG test. You will be asked to remove your glasses when testing begins.
7. Many patients experience an increase in dizziness or balance-related symptoms from the VNG test.

**FINANCIAL:** Since most commercial insurance plans have a high deductible, Adult Neurology Center has provided billing information on the back of this form. Please turn this form over and review the information provided. Adult Neurology Center highly recommends you contact your insurance carrier (member services phone number on the front or back of your card) before your testing appointment, to determine plan coverage for the EEG testing. Be sure to ask about your annual deductible and if the charges for this test may be applied to your deductible, which you will have to pay out of your own pocket. Please note Adult Neurology Center requires payment in full of all amounts you owe after your insurance processes the charges. For additional information, please refer to Adult Neurology Center's **Patient Financial Policy** for additional information.

Any questions regarding VNG testing, preparation instructions, or financial policy, please call the office at 724-229-6195.

## **VNG STUDIES**

The following procedure codes are billed for the VNG testing;

**92540**

**92537**

**92546**

**92547**

The diagnostic code is billed for the VNG testing;

**H81.393**

**PLEASE NOTE THE PROCEDURE CODES AND DIAGNOSIS CODES ARE PROVIDED TO HELP YOU DETERMINE WHAT PORTION, IF ANY, OF THE TESTING CHARGES WILL BE APPLIED TO YOUR PLAN YEAR DEDUCTIBLE.**